O God, Our Help in Ages Past

- O God, our help in ages past, our hope for years to come, our shelter from the stormy blast, and our eternal home.
- 2. Under the shadow of your throne your saints have dwelt secure; sufficient is your arm alone, and our defence is sure.
- 3. Before the hills in order stood, or earth from darkness came, from everlasting you are God, to endless years the same.
- 4. A thousand ages in your sight are like an evening gone; short as the watch that ends the night before the rising sun.
- 5. Time, like an ever-rolling stream, soon bears us all away; they fly forgotten as a dream dies at the op'ning day.
- O God, our help in ages past, our hope for years to come, still be our guard while troubles last, and our eternal home.

Inspiration: Psalm 90 (89): 1-5. Lyrics: 86.86; Isaac Watts, 1674-1748, in "The Psalms of David", 1719.